

COMMON CONDITIONS

Cardiovascular-Pulmonary

Musculoskeletal

Neurological

Other Conditions

Cognitive
Gastrointestinal
Genetic
Integumentary
Immune
Metabolic
Oncology
Urinary/Reproductive

CARDIOVASCULAR-PULMONARY

| 1. CARDIOVASCULAR (CV) CONDITIONS | AREAS OF PHYSIOTHERAPY PRACTICE | | | |
|---|---------------------------------|-----|-------|-------|
| LEVEL 1 CV CONDITIONS | CV-PULM | MSK | NEURO | OTHER |
| a. Arrhythmias | ● | | | |
| b. Arterial Disorders - Aneurysm, Atherosclerosis: coronary, peripheral | ● | ● | | ● |
| c. Cardiac Surgery/Interventions - Coronary Artery Bypass, Coronary Valve Replacement, Heart Transplantation, Angioplasty | ● | ● | | |
| d. Heart Failure, Cor Pulmonale | ● | | | |
| e. Heart Valve Disorders | ● | | | |
| f. Hypertension/Hypotension | ● | | | |
| g. Myocardial Ischemia / Infarction | ● | | | |
| h. Venous Disorders - Deep Venous Thrombosis, Chronic Insufficiency | ● | | | ● |
| LEVEL 2 CV CONDITIONS | | | | |
| i. Atrial / Ventricular Septal Defects | ● | | | |
| j. Cardiomyopathy | ● | | | |
| k. Endocarditis | ● | | | |
| l. Haemophilia | ● | ● | | |
| m. Sickle Cell Disease | ● | ● | | |
| 2. PULMONARY (PULM) | AREAS OF PHYSIOTHERAPY PRACTICE | | | |
| LEVEL 1 PULM CONDITIONS | CV-PULM | MSK | NEURO | OTHER |
| a. Asthma | ● | | | |
| b. Atelectasis | ● | | | |
| c. Bronchiectasis | ● | | | |
| d. Bronchitis - Acute | ● | | | |
| e. Chronic Obstructive Pulmonary Disease, Chronic Bronchitis, Emphysema | ● | ● | ● | |
| f. Critical Illness (Multisystem) | ● | ● | ● | |
| g. Cystic Fibrosis | ● | | | |
| h. Idiopathic Pulmonary Fibrosis | ● | | | |

| LEVEL 2 PULM CONDITIONS | CV-PULM | MSK | NEURO | OTHER |
|---|---------|-----|-------|-------|
| i. Acute Hypoxemic Respiratory Failure | ● | ● | ● | |
| j. Bronchopulmonary Dysplasia | ● | | | |
| k. Environmental - Pneumonitis, Silicosis | ● | | | |
| l. Pulmonary Contusion | ● | | | |
| m. Infectious Conditions - Influenza, Tuberculosis, Acute Bronchiolitis | ● | | | |
| n. Sarcoidosis | ● | | | |

MUSCULOSKELETAL

| 3. MUSCULOSKELETAL (MSK) CONDITIONS | AREAS OF PHYSIOTHERAPY PRACTICE | | | |
|---|---------------------------------|-----|-------|-------|
| LEVEL 1 MSK CONDITIONS | CV-PULM | MSK | NEURO | OTHER |
| a. Amputations - congenital, traumatic/surgical | | ● | | |
| b. Ankylosing Spondylitis | ● | ● | | |
| c. Bursitis | | ● | | |
| d. Fibromyalgia | | ● | ● | |
| e. Fractures - traumatic, pathological | | ● | | |
| f. Frailty | ● | ● | ● | |
| g. Headache | | ● | ● | |
| h. Developmental Dysplasia of the Hip | | ● | | |
| i. Joint Disorders - dislocations/subluxations, internal derangement, hyper/hypo mobility | | ● | | |
| j. Juvenile Idiopathic Arthritis | | ● | | |
| k. Ligaments: sprains, laxity | | ● | | |
| l. Low Back Pain - non-specific | | ● | | |
| m. Muscles: contusions, strains | | ● | | |
| n. Myofascial/Fascial Conditions | | ● | | |
| o. Neck Pain: non-specific, cervicogenic, radicular | | ● | ● | |
| p. Osteoarthritis | | ● | | |
| q. Osteonecrosis - Avascular Necrosis | | ● | | |
| r. Osteoporosis, Osteopenia | | ● | | |
| s. Rheumatoid Arthritis | | ● | | |

| LEVEL 1 MSK CONDITIONS (CONT.) | CV-PULM | MSK | NEURO | OTHER |
|--|---------|-----|-------|-------|
| t. Spinal Postural Disorders - Scoliosis, Abnormal Kyphosis / Lordosis | | ● | | |
| u. Spinal Stenosis | | ● | | |
| v. Spinal Disc Herniation | | ● | | |
| w. Spondylolysis/Spondylolisthesis | | ● | | |
| x. Surgery (Bone/Joint) - spinal, joint replacements, fracture fixation | | ● | | |
| y. Surgery (Soft Tissue) - repairs/reconstructions, transfers | | ● | | |
| z. Tendons: Tendinopathy, Tendinitis/ Tenosynovitis, Tendon Ruptures/Tears | | ● | | |
| aa. Torticollis | | ● | | |
| ab. Whiplash Associated Disorders | | ● | | |
| LEVEL 2 MSK CONDITIONS | | | | |
| ac. Legg-Calve-Perthes Disease | | ● | | |
| ad. Osgood-Schlatter's Disease | | ● | | |
| ae. Osteogenesis Imperfecta | | ● | | |
| af. Plagiocephaly | | ● | | |
| ag. Sarcopenia | | ● | | |
| ah. Talipes Equinovarus | | ● | | |

NEUROLOGICAL

| 4. NEUROLOGICAL (NEURO) CONDITIONS | AREAS OF PHYSIOTHERAPY PRACTICE | | | |
|--|---------------------------------|-----|-------|-------|
| LEVEL 1 NEURO CONDITIONS | CV-PULM | MSK | NEURO | OTHER |
| a. Amyotrophic Lateral Sclerosis | | | ● | |
| b. Facial Nerve Palsy | | ● | ● | |
| c. Brachial Plexus Disorders | | ● | ● | |
| d. Carpal Tunnel Syndrome | | ● | ● | |
| e. Cerebellar Disorders | | | ● | |
| f. Cerebral Palsy Syndromes | | ● | ● | |
| g. Stroke: Cerebrovascular Accident, Transient Ischemic Attack | ● | | ● | |
| h. Complex Regional Pain Syndrome | | ● | ● | |
| i. Developmental Coordination Disorder | | | ● | |

| LEVEL 1 NEURO CONDITIONS (CONT.) | CV-PULM | MSK | NEURO | OTHER |
|--|---------|-----|-------|-------|
| j. Guillain-Barre Syndrome | ● | | ● | |
| k. Multiple Sclerosis | | | ● | |
| l. Parkinson Disease | | | ● | |
| m. Peripheral Nerves: injury, entrapment, neuropathy | | ● | ● | |
| n. Post Concussion Syndrome | | ● | ● | |
| o. Radicular Pain/Radiculopathy | | ● | ● | |
| p. Spinal Cord Injuries / Disorders | ● | | ● | |
| q. Traumatic/Acquired Brain Injuries | ● | | ● | |
| LEVEL 2 NEURO CONDITIONS | | | | |
| r. Alcoholic Neuropathy | | ● | ● | |
| s. Benign paroxysmal positional vertigo (BPPV) | | ● | ● | |
| t. Cervicogenic Dizziness | | ● | ● | |
| u. Chronic Fatigue Syndrome | ● | | ● | |
| v. Coma | ● | | ● | |
| w. Encephalitis | ● | | ● | |
| x. Hydrocephalus | | ● | ● | |
| y. Meningitis | ● | | ● | |
| z. Seizure Disorders - Epilepsy | | | ● | |
| aa. Unilateral Vestibular Hypofunction | | ● | ● | |

OTHER

| 5. OTHER: COGNITIVE CONDITIONS | AREAS OF PHYSIOTHERAPY PRACTICE | | | |
|--------------------------------|---------------------------------|-----|-------|-------|
| LEVEL 1 COGNITIVE CONDITIONS | CV-PULM | MSK | NEURO | OTHER |
| a. Alzheimer Disease | ● | ● | ● | ● |
| b. Anxiety Disorder | ● | ● | ● | ● |
| c. Aphasia | | | ● | ● |
| d. Autism Spectrum Disorder | | | ● | ● |
| e. Delirium | ● | ● | ● | ● |
| f. Dementia | ● | ● | ● | ● |
| g. Depression | ● | ● | ● | ● |

| LEVEL 2 COGNITIVE CONDITIONS | CV-PULM | MSK | NEURO | OTHER |
|---|---------|-----|-------|-------|
| h. Substance Use Disorders | | | | ● |
| i. Attention-Deficit / Hyperactivity Disorder | | | | ● |
| j. Bipolar Disorder | | | | ● |
| k. Obsessive Compulsive Disorder | | | | ● |
| l. Post Traumatic Stress Disorder | | | | ● |
| m. Schizophrenia | | | | ● |
| n. Sleep Disorders | ● | ● | ● | ● |
| 6. OTHER: GASTROINTESTINAL CONDITIONS | | | | |
| a. Abdominal Surgery: Resection, Ostomy (Level 1) | ● | | | ● |
| b. Dysphagia (Level 2) | | | ● | ● |
| 7. OTHER: GENETIC CONDITIONS | | | | |
| LEVEL 1 GENETIC CONDITIONS | | | | |
| a. Down Syndrome | | | ● | ● |
| b. Duchenne Muscular Dystrophy | | ● | ● | ● |
| LEVEL 2 GENETIC CONDITIONS | | | | |
| c. Charcot Marie Tooth Disease | | ● | ● | ● |
| d. Friedreich/Hereditary Ataxia | | | ● | ● |
| e. Huntington Disease | | | ● | ● |
| 8. INTEGUMENTARY CONDITIONS | | | | |
| a. Burns / Frostbite (Level 1) | ● | ● | | ● |
| b. Wounds - Pressure Ulcers (Level 1) | ● | ● | ● | ● |
| c. Dermatitis / Cellulitis (Level 1) | | | | ● |
| 9. IMMUNE CONDITIONS | | | | |
| LEVEL 1 IMMUNE CONDITIONS | | | | |
| a. Human Immunodeficiency Virus (HIV) Infection | ● | | ● | ● |
| b. Infections: local / sepsis, bone / joint | ● | ● | ● | ● |
| c. Tumours: benign | ● | ● | ● | ● |

| LEVEL 2 IMMUNE CONDITIONS | CV-PULM | MSK | NEURO | OTHER |
|--|---------|-----|-------|-------|
| d. Autoimmune Polymyositis | | ● | ● | ● |
| e. Systemic Lupus Erythematosus | | ● | | ● |
| f. Scleroderma | | ● | | ● |
| g. Shingles/Herpes Zoster | | ● | ● | ● |
| 10. METABOLIC CONDITIONS | | | | |
| a. Diabetes Mellitus (Level 1) | ● | ● | ● | ● |
| b. Chronic Kidney Disease (Level 1) | | | | ● |
| c. Obesity (Level 1) | | ● | | ● |
| d. Gout (Level 2) | | ● | | ● |
| 11. ONCOLOGY CONDITIONS | | | | |
| LEVEL 1 ONCOLOGY CONDITIONS | | | | |
| a. Breast Cancer | | ● | | ● |
| b. Lymphedema | ● | ● | | ● |
| c. Lung Cancer | ● | ● | | ● |
| d. Tumours: Malignant / Metastasis | ● | ● | ● | ● |
| LEVEL 2 ONCOLOGY CONDITIONS | | | | |
| e. Cancer Cachexia | | ● | | ● |
| f. Colorectal Cancer | | ● | | ● |
| g. Head and Neck Cancer | ● | ● | | ● |
| h. Leukemia | ● | | | ● |
| i. Lymphoma | | ● | | ● |
| j. Melanoma | | ● | | ● |
| k. Prostate Cancer | ● | ● | | ● |
| 12. URINARY / REPRODUCTIVE | | | | |
| a. Incontinence: Urinary, Fecal (Level 1) | | ● | ● | ● |
| b. Pelvic Floor Dysfunction Female (Level 1) | | ● | | ● |
| c. Pregnancy – Prenatal, Post-Partum (Level 1) | | ● | | ● |