

School of Rehabilitation Science

Domain	Essential Competencies	Pla	cement Peri	iod	Rating	Comment
		_	11 111	IV	Scale (RS)	Box (CB)
	<ul> <li>1.1 Employ a client-centered approach.         <ul> <li>Act in a manner that respects client uniqueness, diversity and autonomy, and is in the client's best interest.</li> <li>Provide the client with relevant information throughout care.</li> <li>Actively involve the client indecision-making.</li> <li>Empower client to engage in their own care.</li> <li>Build and maintain rapport and trust with the client.</li> <li>Ensure ongoing, informed clientconsent.</li> </ul> </li> <li>1.2 Ensure physical and emotional safety of client.         <ul> <li>Identify client-specific precautions, contraindications and risks</li> <li>Employ safe client handlingtechniques.</li> <li>Monitor and respond to client's physical and emotional state throughout care.</li> </ul> </li> </ul>				RS -1	CB-1
	Identify and respond to near misses and adverse events.					
Domain 1: Physiotherapy Expertise  As experts in mobility and function, physiotherapistsuse clinicalreasoningthat integrates unique knowledge, skills, and attitudes toprovide quality	<ul> <li>1.3 Conduct client assessment.</li> <li>Interview client to obtain relevant information about health conditions, and personal and environmental factors.</li> <li>Determine client's expectations, and their relevance to physiotherapy.</li> <li>Obtain relevant information about client's status from other sources.</li> <li>Identify comorbidities that impact approach to assessment.</li> <li>Identify urgent health conditions that require immediate attention and take appropriate action.</li> <li>Identify non-urgent health-related conditions that may benefit from referral to other services and advise client accordingly.</li> <li>Select and perform appropriate tests and measures.</li> </ul>				RS-2	CB-2
attitudes toprovidequality careandenhancethe health and wellbeing of their clients.	<ul> <li>1.4 Establish a diagnosis and prognosis.</li> <li>Interpret assessment findings and other relevant information.</li> <li>Identify client's body structure and function impairments, activity limitations and participation restrictions.</li> <li>Develop a physiotherapy diagnosis.</li> <li>Develop a working prognosis.</li> <li>Determine if physiotherapy is indicated.</li> <li>Determine if referral to another physiotherapist or another provider is indicated.</li> </ul>				RS-3	
	<ul> <li>1.5 Develop, implement, monitor, and evaluate an intervention plan.</li> <li>Establish physiotherapy goals.</li> <li>Determine an intervention plan.</li> <li>Implement planned interventions.</li> <li>Assist client to develop self-management skills</li> <li>Monitor and respond to client status during interventions.</li> <li>Reassess client status and needs as appropriate</li> <li>Modify intervention plan as indicated.</li> </ul>				RS-4	CB-3





Domain	Essential Competencies	PI	acement P	eriod	Rating	Comment
		- 1	II II	I IV	Scale (RS)	Box (CB)
Domain 1: Physiotherapy Expertise (ctn'd)	1.6 Complete or transition care.  • Evaluate client outcomes and goal attainment.  • Develop a discharge or transition of care plan  • Prepare client for discharge or transition of care.  • Ensure effective transfer of information at transition.  1.7 Plan, deliver and evaluate programs.  • Identify opportunities for group physiotherapy programming.				- RS-4	CB-3
	<ul> <li>Establish program goals and develop a plan.</li> <li>Implement program plan.</li> <li>Evaluate program.</li> <li>2.1 Use oral and non-verbal communication effectively. *</li> </ul>					
Domain 2: Communication  As communicators, physiotherapists use effective strategies to exchange information and to enhance therapeutic and professional relationships.	<ul> <li>Speak clearly and concisely.</li> <li>Listen actively, to build trust and foster exchange of information.</li> <li>Use and respond to body language appropriately</li> <li>Give and receive feedback in a constructive manner.</li> </ul>				RS-5	CB-4
	Write in a clear, concise and organized fashion     Ensure written communication is legible.     Prepare comprehensive and accurate health records and other documents, appropriate to purpose.				RS-6	
	2.3 Adapt communication approach to context. *  Adjust communication strategy consistent with purpose and setting.  Use appropriate terminology.  Adjust communication based on level of understanding of recipient.  Ensure communication is timely.  Share information empathetically and respectfully.					
	2.4 Use communication tools and technologies effectively. *  • Employ assistive and augmentative devices to enhance communication.  • Use electronic technologies appropriately and responsibly.  • Use images, videos, and other media to enhance communication.					
Domain 3: Collaboration	<ul> <li>3.1 Promote an integrated approach to client services.</li> <li>Identify practice situations that may benefit from collaborative care.</li> <li>Engage client as a team member.</li> </ul>					
As collaborators, physiotherapists work effectively with others to provide inter- and intra- professional care.	<ul> <li>3.2 Facilitate collaborative relationships.</li> <li>Recognize and respect the roles of others.</li> <li>Share information about the physiotherapist's role and knowledge.</li> <li>Negotiate shared and overlapping roles and responsibilities</li> <li>Maintain mutually supportive working relationships.</li> <li>Interact with others in a manner that promotes inclusion.</li> </ul>				RS-7	CB-5





Domain	Essential Competencies	Р	lacemei	nt Perio	d	Rating	Comment
		I	Ш	III	IV	Scale (RS)	Box (CB)
Domain 3: Collaboration (ctn'd)	<ul> <li>3.3 Contribute to effective teamwork.</li> <li>Respect accepted principles for teamwork.</li> <li>Participate in shared leadership.</li> <li>Share relevant information with the team.</li> <li>Participate and be respectful of all members' participation in collaborative decision-making.</li> <li>Participate in team evaluation and improvement initiatives.</li> <li>3.4 Contribute to conflict resolution.</li> </ul>					RS-7	CB-5
	Recognize conflict or potential conflict and respond constructively.						
	Apply conflict resolution principles in a structured fashion.						
Domain 4: Management  As managers, physiotherapists manage self, time, resources, and priorities to ensure safe, effective and sustainable services.	<ul> <li>4.1 Support organizational excellence.</li> <li>Support organizational mission and vision.</li> <li>Comply with organizational policies, procedures and directives.</li> <li>Address discrepancies between employer expectations and professional standards.</li> <li>Follow proper business practices.</li> </ul>						
	<ul> <li>4.2 Utilize resources efficiently and effectively.</li> <li>Provide services that balance client needs and available resources.</li> <li>Address issues related to waitlists, caseloads, and access to services.</li> <li>Manage own time effectively.</li> <li>Address issues related to availability of equipment and supplies.</li> </ul>					RS-8	
	<ul> <li>4.4 Engage in quality improvement activities.</li> <li>Apply quality improvement strategies in direct service provision.</li> <li>Participate in organizational quality improvement initiatives.</li> <li>Use outcome data to evaluate service delivery.</li> </ul>						
	<ul> <li>4.3 Ensure a safe practice environment.</li> <li>Identify risks and mitigate hazards in the workplace.</li> <li>Maintain a clean, organized and accessible work environment.</li> <li>Adhere to individual, team and system-level safety practices.</li> <li>Apply best practices for infection control.</li> <li>Adapt work environment to enhance emotional safety.</li> <li>Ensure regular equipment cleaning and maintenance.</li> </ul>					RS-9	CB-6
	<ul> <li>4.5 Supervise others.</li> <li>Assess the competence of personnel involved in physiotherapy service delivery prior to assigning care.</li> <li>Assign care to personnel involved in physiotherapy service delivery and monitor delivery.</li> <li>Contribute to orientation and training of personnel involved in physiotherapy service delivery.</li> <li>Provide guidance and feedback to personnel involved in physiotherapy service delivery.</li> </ul>					RS-10	
	<ul> <li>4.6 Manage practice information safely and effectively.</li> <li>Maintain comprehensive, accurate and timely records of client and practice management.</li> <li>Manage health records and other information in paper and electronic format.</li> <li>Ensure secure retention, storage, transfer and destruction of documents.</li> </ul>					RS-11	



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		- 1	Ш	III I	/ Scale (RS)	Box (CB)
Domain 4:	4.6 Manage practice information safely and effectively (ctn'd).				RS-11	CB-6
Management (ctn'd)	Maintain confidentiality of records and data, with appropriate access.				K3-11	CB-0
	5.1 Champion the health needs of clients.					
	Advocate for accessibility and sustainability of physiotherapy and other services across the continuum of					
	care.				RS-12	
Domain 5:	Foster client engagement in finding solutions to address health needs.  Provided a subtract of the control					
Leadership	Promote a culture of client-centredness.					
	5.2 Promote innovation in healthcare.					
As leaders,	Maintain awareness of emerging technologies, and advocate for their application to enhance					CB-7
physiotherapists envision	physiotherapy services.					CB-7
and advocate for a health	Advocate for new approaches to improve client care.					
system that enhances the	Promote solutions to challenges encountered in physiotherapy practice.				RS-13	
wellbeing of society.	5.3 Contribute to leadership in the profession.					
	Promote the value of physiotherapy to client health.					
	<ul> <li>Engage in activities to support advancement of the physiotherapy profession.</li> </ul>					
	Contribute to leadership activities in the workplace.					
	6.1 Use an evidence-informed approach in practice.					
	<ul> <li>Incorporate best available evidence into clinical decision making.</li> </ul>					
	Incorporate client context into clinical decision making.					
	<ul> <li>Incorporate personal knowledge and experience into clinical decision making.</li> </ul>					
	Make decisions using an established clinical reasoning framework.					
Domain 6:	Use a structured approach to evaluate effectiveness of decisions.					
<u>Scholarship</u>	6.2 Engage in scholarly inquiry.					
	Identify ethical considerations related to scholarly inquiry.				RS-14	
As scholars,	Formulate researchable questions relevant to practice.				113-14	
physiotherapists	Access reliable sources of information.					
demonstrate a	Critically appraise information.					CD 0
commitment to excellence	Contribute to research activities.					CB-8
in practice through continuous learning, the education of others, the	Contribute to knowledge management.					
	6.4 Maintain currency with developments relevant to area of practice.					
evaluation of evidence,	Access emerging information relevant to area of practice.					
and contributions to scholarship.	Determine potential for applicability of emerging information to personal practice.					
	6.3 Integrate self-reflection and external feedback to improve personal practice.					
	Seek feedback from others on personal performance and behaviour.					
	Compare personal performance and behaviour with professional and organizational expectations.				RS-15	
	Identify learning needs based on self-reflection and external feedback.				K3-13	
	Develop and implement a plan to address learning needs.					





Damain	Essential Competencies	Placement Period				Rating	Comment
Domain		- 1	Ш	Ш	IV	Scale (RS)	Box (CB)
	6.5 Contribute to the learning of others.						
Domain 6: Scholarship	<ul> <li>Assess the physiotherapy-related learning needs of others</li> </ul>						
	<ul> <li>Contribute to the education of peers and other healthcare providers.</li> </ul>					RS-16	CB-8
ctn'd)	Contribute to the clinical education of students.						
	<ul> <li>Assess effectiveness of learning activities.</li> </ul>						
	7.1 Comply with legal and regulatory requirements.						
	Comply with applicable federal and provincial / territorial legislation.						
	Comply with regulatory requirements.						
	Maintain confidentiality and privacy as appropriate.						
	7.2 Behave ethically.						
	Use an ethical framework to guide decision making.						
Domain 7: Professionalism  As autonomous, self-regulated professionals,	<ul> <li>Address real, potential or perceived conflicts of interest.</li> </ul>						
	Promote services in an ethical manner.					RS-17	
	7.4 Act with professional integrity.				K2-17		
	Behave with honesty and respect for others.						CB-9
	Behave in a manner that values diversity.						
hysiotherapists are	<ul> <li>Work within physiotherapy scope of practice and personal level of competence.</li> </ul>						
ommitted to working in	<ul> <li>Accept accountability for decisions and actions.</li> </ul>						
ebestinterestofclients	Maintain professional deportment.						
ndsociety,andto	Maintain professional boundaries.						
maintaininghighstandards ofbehaviour.	<ul> <li>Respond constructively to changes affecting the workplace.</li> </ul>						
	7.5 Maintain personal wellness consistent with the needs of practice.						
	Balance personal and professional demands.			RS-18	RS-18		
	Address physical, emotional and psychological factors negatively impacting workplace performance.						
	7.3 Embrace social responsibility as a health professional.					tul. DC	
	Maintain awareness of issues and advances affecting the health system locally, nationally and globally.					with RS-	with
	<ul> <li>Demonstrate awareness of the social determinants of health and emerging trends that may impact</li> </ul>					13 (5.2, 5.3)	CB-7
	physiotherapy practice.					(5.2, 5.3)	

 $<sup>\</sup>ensuremath{^{*}2.3}$  and 2.4 are considered when completing the rating scales for 2.1 and 2.2



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\*This document was developed and modified with permission from Dr. Brenda Mori, University of Toronto.

## Please see below for descriptions of required benchmarks within each clinical placement period for the final ACP 2.0 Evaluation

Clinical Placement Period	Rating scale anchor required to meet expected benchmarks in final ACP 2.0	Description of Performance				
Clinical Practice I (CP I)	Students are expected to reach at minimum the 'Advanced Beginner' anchor in all ratings scales within the final ACP 2.0 for CP I	<ul> <li>Advanced Beginner Performance:         <ul> <li>The student requires clinical supervision 75% to 90% of the time managing patients with simple conditions and 100% of the time managing patients with complex conditions</li> <li>The student demonstrates consistency in developing proficiency with simple tasks (e.g., chart review, goniometry, muscle testing and simple interventions)</li> <li>The student initiates, but is inconsistent with comprehensive assessments, interventions, and clinical reasoning</li> <li>The student will begin to share a caseload with the clinical instructor</li> </ul> </li> </ul>				
Clinical Practice II (CP II)	Students are expected to reach the 'Intermediate' anchor in all ratings scales within the final ACP 2.0 for CP II	<ul> <li>Intermediate Performance:         <ul> <li>The student requires clinical supervision less than 50% of the time managing patients with simple conditions and 75% of the time managing patients with complex conditions</li> <li>The student is proficient with simple tasks and is developing the ability to consistently perform comprehensive assessments, interventions, and clinical reasoning</li> <li>The student is capable of maintaining ~ 50% of a full-time physical therapist's caseload</li> </ul> </li> </ul>				
Clinical Practice III (CP III)	Students are expected to reach the 'Advanced Intermediate' anchor in all ratings scales within the final ACP 2.0 for CP III	<ul> <li>Advanced Intermediate Performance:         <ul> <li>The student requires clinical supervision less than 25% of the time managing new patients or patients with complex conditions and is independent managing patients with simple conditions</li> <li>The student is consistent and proficient in simple tasks and requires only occasional cueing for comprehensive assessments, interventions, and clinical reasoning</li> <li>The student is capable of maintaining ~75% of a full-time physical therapist's caseload</li> </ul> </li> </ul>				
Clinical Practice IV (CP IV)	Students are expected to reach the 'Entry Level' anchor in all ratings scales within the final ACP 2.0 for CP IV	<ul> <li>Entry Level Performance:         <ul> <li>The student requires infrequent clinical supervision managing patients with simple conditions and minimal guidance/supervision for patients with complex conditions</li> <li>The student consistently performs comprehensive assessments, interventions and clinical reasoning in simple and complex situations</li> <li>The student consults with others and resolves unfamiliar or ambiguous situations</li> <li>The student is capable of maintaining at minimum 75% of a full-time physical therapist's caseload in a cost-effective manner</li> </ul> </li> </ul>				