

OVERVIEW OF UNIT II

Essentials of Physiotherapy Practice

In Unit II, students begin to explore complexities of physiotherapy practice. This Unit builds on the foundations provided in earlier courses through application of knowledge and skills into different contexts and situations.

Healthcare problems will present with increasing complexity and will be used to develop knowledge and skills in managing individuals with different health conditions, considering co-morbidities.

Students will recognize typical and atypical development and changes across the lifespan and the role of the physiotherapist in managing changes in physical and cognitive function and psychosocial issues. They will continue to explore issues around cultural sensitivity and diversity. Students will apply theoretical frameworks into knowledge and skills. Students will begin to develop proficiency in conducting comprehensive physiotherapy assessments and in creating preventative, restorative and compensatory management plans that incorporate domains of the individual, task, and environment. Students will further develop their understanding of research methodology including study design, sampling, risk of bias, and statistical analysis.

In Unit II, students will also explore issues related to several areas of professional practice including ethical decision-making, client advocacy, working with support personnel, therapeutic relationships and professional boundaries, and electronic record keeping.

UNIT II OBJECTIVES

The purpose of Unit II is for students to expand their knowledge as it relates to:

- Describing and enacting the essential competencies of a physiotherapist.
- The theory and processes of problem-based, small group learning.
- Self-regulation for personal and professional development and growth.
- The theory and processes of evidence-based practice.
- The application of foundational knowledge, skills, and attitudes related to physiotherapy assessments for more complex clinical presentations of musculoskeletal, cardiorespiratory, and neurological conditions across the lifespan and continuum of care.
- Foundational knowledge, skills, and attitudes related to intervention for more complex clinical presentations of musculoskeletal, cardiorespiratory, and neurological conditions across the lifespan and continuum of care.